

# Calgary Aboriginal Head Start

Head Office: Riel Institute ahs@rielinstitute.com T: 403-248-0824

Our Aboriginal Head Start location is:

Abbeydale: 320 Abergale Drive NE 587-470-6542

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## January:

We enjoyed our first snow day of the year. We got to make pictures in the snow and make snow angels. Thank you to all Parents who attended PAC, we greatly appreciate you and we look forward to seeing everyone next month.

We learned the letters L-N, counting and tracing. Moe the Mouse continues to visit the class every Monday.

## February:

Everyone is welcome to showcase their talents and to volunteer within the classroom and on our Field Trips. To schedule time within the classroom, please contact Katie at (587)576-7435.

We will focus on the letters O-R. Our Program Elders and Classroom Teachers will continue to teach your child the facial features, basic commands, animals, greetings, and how to count from 1-10 in Blackfoot and Cree traditional languages.

We look forward to our field trip to TELUS Spark this month. Knowledge keeper Morris, and our program Elders will continue to visit the classroom on a weekly basis.

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## Upcoming Events

### February 7

**Alex Dental Bus Visit**

### February 8

**Alex Dental Bus Visit**

### February 14

**Valentine's Day Party**

### February 20

**No School- Family Day**

### February 22

**Telus Spark Field Trip AM class**

### February 23

**Telus Spark Field Trip PM class**

### February 23

**PAC**

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## Important Announcement

Friendly Reminder to return dental treatment forms.

## Homemade Clay Recipe:

1 Cup Baking Soda

½ Cup Cornstarch

2/3 Cup Warm Water

1. Mix together baking soda and cornstarch
2. Slowly add warm water, stirring gently
3. Place the mixture in a pan over medium heat. Bring the mixture to a boil. The mixture will reach the consistency of mashed potatoes.
4. Pour directly onto a cutting board to cool.
5. Knead in food coloring of your choice.
6. Let the fun begin!

## February Birthdays

Larose & Ayisha - February 2

Aubrei – February 8

Ruby & Faith- February 26th

## February Lesson Plans:

Letters: O, P, Q, R

Numbers: 1-15, 1-10 in Cree and Blackfoot

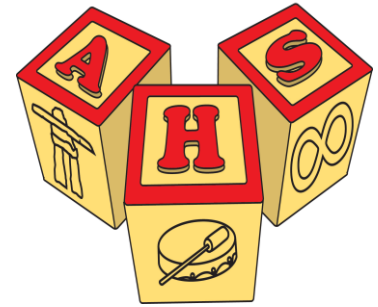
## FRIENDLY REMINDERS:

Please remember to send the following items to school with your child, as we like to go outside each day for at least 15 minutes (unless the weather is too severe)

- HAT & MITTENS
- SNOW BOOTS
- WINTER COAT
- SNOW PANTS- optional, but recommended!

# ABORIGINAL HEAD START

*Urban & Northern Communities*



## In the Community

**Miskanawah 17th Annual  
Friendship Round Dance!**

**Saturday, February 25, 2023 |  
5:00-10:00PM**

**Genesis Centre: 7555  
Falconridge Blvd NE #10,  
Calgary, AB**

**Christmas Powwow**

**Date: February 11**

**Time: 6:00 pm - 11:30 pm**

**VENUE:**

**[Grey Eagle Resort & Casino](#)**

**3777 Grey Eagle Dr  
Calgary, Alberta T3E 3X8**







