

Calgary Aboriginal Head Start

Head Office: Riel Institute ahs@rielinstitute.com T: 403-248-0824

Our Aboriginal Head Start location:

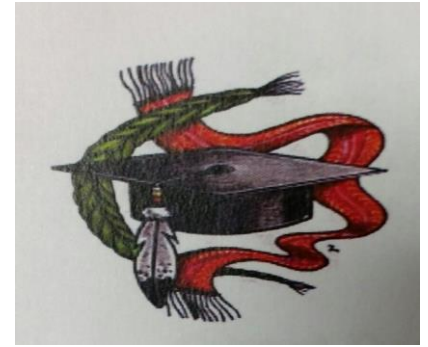
Abbeydale: 320 Abergale Drive NE 587-470-6542

September:

The Calgary Aboriginal Head Start is located in Abbeydale. We are accepting applications.

The Aboriginal Head Start is a free program for Aboriginal children between the ages of 3 – 5 years, who are fully potty trained. All we require is help with fundraising, volunteering, and attendance at the monthly PAC meetings. We have our PAC meetings on the last Thursday of the month, with the exceptions of December and June. This is a great opportunity for your children to learn the six program components, which are: Aboriginal culture & language; Education & school readiness; Health Promotion; Nutrition; Social Support; and Parent & Family involvement. This allows your children to transition into kindergarten easily.

Throughout the month we will be learning the letters A-C along with learning to count to 10 in Blackfoot and Cree. We do have our first guest with the Calgary Police Service and the first field trips to pick medicine and to the Calgary Public Library.



Upcoming Events

September 5, 2022

No Classes, Labor Day

September 6, 2022

First day of class

September 7, 2022

Drumming Class with Morris

September 15, 2022

Field Trip to the Library

September 22, 2022

Sage Field Trip

September 29, 2022

PAC Meeting at RIEL

Important Announcement

Please call your bus driver when your child will be away

Abbeydale: Dawn

587-573-7438

Bus Drivers can only wait 3 minutes at each stop.

No classes on Fridays.

Jellybean Experiment

Here's a fun jellybean science experiment you can do with your kids! **Supplies Needed:**

Water

Jellybeans

Plate

Arrange jellybeans in a circle or square on a plate. Pour water in the middle (doesn't matter if it's cold or hot) and let it sit! Over the next minute or so it will spread

About the Staff:

Executive Director: Wendy Lindberg

Program Coordinator: Alberta Daniels

Program Assistant: Elly Deschamps- Yellowhorse

Home Liaison: Katie Cardinal

Abbeydale Teacher: Shayla Eagle Child

Abbeydale Teacher: Ronna Whitehawk

Educational Assistant: Melissa Eaglespeaker

Education Assistant: Isabelle Dumont

Bus Driver for Abbeydale: Dawn Reid

September Lesson Plans:

Letters: A, B & C

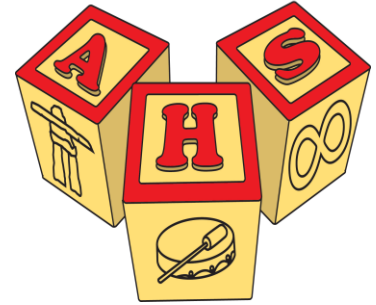
Numbers: 1-10, 1-10 in Cree & Blackfoot

FRIENDLY REMINDERS:

Please call your bus driver or Katie (Home Liaison worker) when your child/ren will not be attending school, preferably before 7 am. This helps with the timing for each bus run. Please remind children to keep their seatbelts on and to remain seated for the entire bus run.

ABORIGINAL HEAD START

Urban & Northern Communities



In the Community

September:

Miskanawah

Elder Connections Tuesday –
Friday 9 Am – 4 pm

Call 403-700-8440

Trellis Youth Group 12-21 y/o

Sept 13: Medicine Boxes

Sept 21: Bob Ross Paint night

Call 403-561-4458

Women's Centre of Calgary:

Every Thursday 6:30-7:30pm

Free Zumba Class Online

Call 403-264-1155

Awo Tann Healing Society

Mondays 5:30 pm- 6:00 pm

Women's Healing Circle

Call 403-531-1880



Let's meet the Staff 😊

Alberta Daniels: Tansi, Oki, Hello! My name is Alberta Daniels. I am the Program Coordinator for Calgary Aboriginal Head Start. I am Cree from the Peepeekisis First Nation, Treaty 4 Territory. I am looking forward to getting to know each student and their family throughout the year. My favorite activities each year are the Culture Camp, Language classes and the PAC meetings. We are all so very excited to learn and play together, in person, after learning on-line for the last year and a half- see you all very soon 😊

Katie Cardinal: Tansi/Oki, my name is Katie Cardinal. I am the Home Liaison Worker from Saddle Lake Cree Nation in Treaty Six Territory. I am excited to meet each family and getting to know you throughout the year.

Shayla Eagle Child: Oki, (hello). My name is Shayla Eagle Child, I am your child's teacher for the upcoming school year. Looking forward to having lots of fun and getting to know your child! We are going to have lots of fun learning and practicing our culture, can't wait to meet you!

Ronna Whitehawk: Oki, my name is Ronna Whitehawk. I am one of the teachers at the Calgary Aboriginal Head Start. I'm so excited to be back in person with everyone. Looking forward to meeting all the little ones and have a wonderful school year together. We have super cool science experiments and fun crafts to do in the classroom and a lot of fun games.

Melissa Eaglespeaker: Hi! My name is Melissa Eaglespeaker, I will be your TA this year. I'm looking forward to learning and experiencing all the fun and exciting things we have planned for you in and outside the classroom. I hope you all had an amazing summer and can't wait to get ack into the classroom.

Elly Deschamps – Yellowhorse: Recently took the Aboriginal Family and Youth Support Program. Cree and Blackfoot from the Louis Bull Tribe of Maskwacis, Alberta. Experienced in daycare childcare and have many years of volunteering for schools and preschool. I am excited to start my journey with RIEL - Aboriginal Head Start. I look forward to meeting all the children, families and working with you all.

Dawn Reid: Hello Families, we are a married couple of 20 plus years. I have 3 adult children. I have been working with RIEL Institute since September of 2016. I have enjoyed my time here over the years driving, playing, and teaching the children.

I enjoy going out in search of animals such as bears to capture pictures of them in their natural environment. Another past time I enjoy is cooking meals for family gatherings. I am excited to get back behind the wheels of the bus to transport your children to school. I look forward to getting to know every one of you.

Isabelle Dumont: Hello I'm very excited to be working with Head Start. I've just finished my certificate for Family and Youth Support Worker program with RIEL Institute. I look forward to meeting everyone.